

Breaking Barriers

Current as of
18 July 2019

Lesson Plan

Objective: Support continued alignment of personal values and Air Force standards through reinforcement of Airmanship core competencies.

Overview: How to continue to apply the tools received in BMT to reach goals and have continued success throughout your Air Force career.

Foundational Competences: Teamwork, Communication, Perseverance, Strategic Thinking, Decision Making, Service Mindset, Flexibility, Leadership, Influence, Fosters Innovation and Resilience.

Resources:

Lesson Outline: Heritage and pride

MP 1. Introduction a. Attention Step: Heritage Video b. Motivation: Air Force Heritage	10 Minutes
MP 2. Personal Heritage a. What is your heritage? b. What do you bring to the Air Force heritage? c. How do the Air Force and your heritage intertwine? (Why?) 1. Connections to the military/loved ones who have served 2. Time away from family (Sacrifice) 3. Diversity in family/friends. (Air Force diversity)	20 Minutes
MP 3. History of Innovation Frankein-Phone/PS3 Super Computer/3D Printed Dental Crowns/ASFC Heritage (AF.mil articles) a. Share a time where you didn't have all of the tools you needed? 1. Where do you go to get the tools you need in the Air Force? 2. Where do you fit in the Air Force Heritage? 3. What new and innovative tools do you bring to the Air Force	20 Minutes
MP 4. Conclusion a. Summary b. Re-motivation	10 Minutes
Total Course Time	60 Minutes

Overview: Today we are going to talk about—(OVERVIEW)

Attention Step: View the video of Breaking Barriers, exhibiting the Air Force’s heritage of great challenges, sacrifices, and triumphs in diversity and innovation. After the video has been viewed, highlight historic events and individuals who were instrumental in breaking barriers, in order to correlate heritage topic to Tech Trainees.

***Transition:** A heritage is a membership and you have all completed the Rights of Passage required to gain membership into the world’s greatest Air Force. Each of you come from a different background. That background can be defined as your heritage. What can you bring from your background to build upon the Air Force heritage?*

Motivation: Discuss with Airman our Air Force heritage and how their heritage intertwines with Air Force heritage. Additionally, highlight how diversity of thought, ideas and perspective have aided in the success of the Air Force.

MP2: Personal Heritage

MP Overview: Discuss with Airman their personal heritage, what they bring to the Air Force and how their heritage adds to Air Force heritage. Furthermore, solicit discussion regarding connections to the military and personal sacrifices. Energy alone will not motivate your audience, you need to be charismatic! Charismatic briefers inspire people to take what they have learned and apply it.

***Transition:** Use previous discussion to tie into next Main Point (MP). Example: “That diverse heritage has produced amazing feats of innovation throughout our history.”*

MP3: History of Innovation

MP Overview: Discuss the history of innovation within the Air Force. Include examples around the Air Force such as the “Franken-Phone used by Remote Piloted Aircraft pilots, the PlayStation 3 Super Computer created by Air Force Labs, and 3D printed dental crowns used by dental technicians. Ask open-ended questions about past examples of when innovations within the workplace has helped and ways in which your concept of innovation has aided you. There are four ways to conduct presentations: formal lecture, informal lecture, guided discussions and experiential lessons. A guided discussion is one way communication where the briefer delivers information to the audience.

SUMMARY: In closing, today we talked about Airmanship topics and how promote continued alignment of personal values and Air Force standards through reinforcement of Airmanship core competencies. Finally, after sharing life stories and emotions; it is important to have a solid conclusion summary and re-motivation statement will help to ensure future involvement.

REMOTIVATION: Now you are armed with the knowledge to effectively reach goals and have continued success throughout your Air Force career. I hope to leave you with a feeling of enlightenment and energized to employ what you have just learned. My desire is that you enjoyed this course.