

Courage

Current as of
18 July 2019

Lesson Plan

Instructional Aids: Computer/Projector <https://www.youtube.com/watch?v=3oKMjTqdTYo>

Lesson Outline: Courage

Objective:

Foundational Competencies: Perseverance, Decision Making, Flexibility, Self-Control, Leadership, Initiative, Influence, Resilience

References: AFH 1, AF Doctrine V2

Introduction	
MP 1. Introduction <ul style="list-style-type: none">a. Attention Stepb. Motivation- Chapman Footage Videoc. Overview DLO 1: ID and discuss traits associated with physical & moral courage DLO 2: Discuss expectations/applications of courage throughout Air Force	10 Minutes
MP 2. Physical Courage <ul style="list-style-type: none">a. <i>Physical courage is the observable actions one takes when faced with fear, pain, uncertainty, or danger.</i>b. Why do you think this is important to the Air Force? Examples?	10 Minutes
MP 3. Moral Courage <ul style="list-style-type: none">a. <i>Moral courage is the ability and willingness to expose oneself to inconvenience, suffering, retaliation, resentment, or disapproval to stand up for what one believes to be right.</i>b. Why do you think this is important to the Air Force? Examples?	15 Minutes
MP 4. Expectations & Applications <ul style="list-style-type: none">a. “Ultimate sacrifice” vs day-to-day expectationsb. Criminal Justice Reports/Status of Discipline (“going rate”)c. Anonymous examples	15 Minutes
Conclusion. <ul style="list-style-type: none">- How does courage tie into Airmanship?	10 Minutes

Attention: Facilitator will intentionally enter the room/space with a noticeable uniform error (patches swapped, unbloused pants, etc.) to gage responses...

Motivation: Chapman Video

Overview: Today we are going to talk about Courage, to include: physical courage, moral courage, and Air Force expectations and applications of courage.

Transition: What traits associated with physical courage did you witness?

MP 2: Physical Courage

Defined: ***Physical courage is the observable actions one takes when faced with fear, pain, uncertainty, or danger.***

LOQ- What internal motivations that would cause an Airman (you) to act courageously?
External motivations?

(Facilitator Note- Guide understanding that courage comes from wanting to contribute to something greater than themselves... love of country, esprit de corps, and pride)

Mention “Portraits of Courage” from airforcetimes.com and encourage sharing

Why are these acts of physical courage so important to the Air Force? Why are these acts important to you?

TRANSITION: Did MSgt Chapman display moral courage?

MP 3: Moral Courage

Defined: ***Moral courage is the ability and willingness to expose oneself to inconvenience, suffering, retaliation, resentment, or disapproval to stand up for what one believes to be right.***

LOQ- Why is moral courage arguably more important than physical courage? Why might it be more challenging?

(Facilitator Note- Examples include emotional pain, disapproval, financial insecurity, ethical issues)

Why are these acts of moral courage so important to the Air Force? Why are these acts important to you?

TRANSITION: You don't need to win a Medal of Honor in order to display physical and moral courage...

MP 4: Expectations and Application

Airmen are faced with decisions every day that will challenge them to display physical and moral courage. Oftentimes, these are not life-or-death situations.

LOQ- Can you provide an example of when you've had to display courage?

FUQ- Can you think of a time when you missed the opportunity to display courage?

(Facilitator Note- revisit earlier shared stories as needed)

Review Status of Discipline and Criminal Justice Reports to provide lessons-learned about how lack of courage can negatively impact mission accomplishment

Conclusion: Provide your own personal summary of the lesson as you taught it. Ask how courage ties into Airmanship.

(Facilitator Note- Airmanship- an Airman's relentless mindset bound by our Air Force Core Values, forged through a culture of pride & professionalism, inspired by our innovative heritage, and exemplified through actions in defense of our nation.)