

CRITICAL INCIDENT RESPONSE



Supporting You and Your Team Through Crisis

A Critical Incident Response (CIR) supports civilian employees and DAF teams during deeply challenging times. When a traumatic event affects someone—such as the loss of a co-worker—it can impact the entire workplace. CIR helps employees navigate these difficult moments, providing the support and strength necessary to heal and recover.

▶ Your **Employee Assistance Program (EAP)** is here to help you and your team maintain focus, build resilience, and move forward. Immediate assistance is available 24/7 to ensure mission readiness in the face of adversity.

▶ ***Examples of Critical Incidents Include:***

- Unexpected death of a team member
- Workplace or operational injury
- Organizational restructuring or downsizing
- Natural disasters or industrial accidents
- Public health emergencies
- Acts of violence such as terrorism or workplace violence
- Emergencies that strain local or base resources

▶ ***How EAP Can Help:***

- On-site response teams to support immediate crisis management.
- Counseling services for employees and their families to process emotional reactions.
- Resource connection for navigating challenges like stress management, recovery planning, and emotional support.

If you or your team faces a crisis, contact the Employee Assistance Program (EAP) for immediate assistance at 866-580-9078, press "4" for CIR. EAP is here to help 24/7.



**AVAILABLE 24 HOURS A DAY
7 DAYS A WEEK
365 DAYS A YEAR**

www.resilience.af.mil/Workforce-Resource

Toll free: 866-580-9078

International Collect: +1-703-236-5950