AF Suicide Prevention Strategic Goals
Suicide Prevention Strategic Goals

Strategy: Leadership-driven, comprehensive public-health approach with goal of never losing another Airman or family member to suicide

- Goal #1:
  - Connect individuals, units & AF family members

- Goal #2:
  - Protect AF members’ environments

- Goal #3:
  - Detect risk in individuals & units

- Goal #4:
  - Equip Total Force & family members to mitigate risk, increase resilience
# Suicide Prevention Initiatives

## Connect Individuals, Units, and AF Family Members

<table>
<thead>
<tr>
<th>Initiative</th>
<th>Timeline</th>
<th>OPR</th>
<th>Status</th>
</tr>
</thead>
</table>
| Resilience Tactical Pause                    | Immediate ETA: 1Aug19-15Sep19 | A1Z, CAT team, RTP OPT   | - EXORD launched 1 Aug 19  
- Intent is to provide unit leaders the opportunity to engage their Airmen while actively seeking feedback on both resiliency and the barriers Airmen encounter to getting help |
| Wingman Connect Pilot                        | Mid-Range ETA: Spring 2020 | A1Z                      | - Promising early results  
- Next phase is to explore scale-up |
| Increase access to resources/services for ALL | Mid-Range ETA: Spring 2020 | A1Z                      | - Ratio of troops to services (Total Force – Reserve, Guard, civilian, AD)  
- Examine/establish Comm plan  
- Task Force True North |
| True North Scale-up                          | Long-Range ETA: 2020-2022 | A1Z OCR: 711th, SG       | - Beta Test on-track  
- Future expansion planning in progress |

## Protect AF Environments

<table>
<thead>
<tr>
<th>Initiative</th>
<th>Timeline</th>
<th>OPR</th>
<th>Status</th>
</tr>
</thead>
</table>
| Time-Based Prevention                         | Immediate ETA: Sept 2019 | SE/SF/A1Z                | - 3 lines of efforts: education/culture; policy; physical solutions  
- Incorporated into policy  
- Developing materials, CC talking points, pursuing gun locks |
| Zero Suicide Scale-up                         | Mid-Range ETA: Spring 2020 | SG                      | - Pilot continues at 5 ACC bases; SG community exploring scale-up |
| Evolve law/policy to optimize MH-CC decision-making for Total Force & decrease barriers to help-seeking | Long-Range ETA: 2020-2022 | A1Z/SG                  | - Coordinating efforts with DoD Psychological Health Center of Excellence (PHCOE) & RAND stigma study  
- Evolve law/policy to provide leaders time to make decisions—provide equal support for ALL no matter status  
- Enduring process to review policies with stakeholders |
## Suicide Prevention Initiatives

<table>
<thead>
<tr>
<th>INITIATIVE</th>
<th>TIMELINE</th>
<th>OPR</th>
<th>STATUS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Detect Risk in Individuals and Units</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| Resilience Tactical Pause                     | Immediate         | AIZ, CAT team, RTP OPT   | • EXORD launched 1 Aug 19  
• Intent is to provide unit leaders the opportunity to engage their  
  Airmen while actively seeking feedback on both resiliency and the  
  barriers Airmen encounter to getting help               |
| ETA: 1 Aug 19-15 Sep 19                        |                   |                          |                                                                                                           |
| Standardize Suicide Analysis Boards            | Immediate         | A1Z/MAJCOMs              | • Leverage ROI, SIB & MII processes to provide consistent service-wide data points & trend analysis  
• Establish enduring process to review policies with stakeholders  
• MAJCOM annual requirement in AFI 90-5001, published 25 Jan 19  
• SAB SOP under revision                                |
| ETA: Complete                                 |                   |                          |                                                                                                           |
| Big Data: Risk/ Protective Factors             | Mid-Range         | A1Z                      | • 711th predicts unit risk (Task Force True North)  
• Long-standing NIMH grant w/ U of Rochester conducts big data for  
  AF to predict protective factors                       |
| ETA: Spring 2020                               |                   |                          |                                                                                                           |
| Equip and Develop Total Force & Family Members to Mitigate Risk/Increase Resilience |                   |                          |                                                                                                           |
| Equipping & Empowering Family Members         | Immediate         | A1Z/A1S/HC               | • CONOPs in developed based on spousal inputs/WG members  
• Spouse-focused PSA's/Posters/Educational materials in  
  development                                               |
| ETA: Feb 2020                                  |                   |                          |                                                                                                           |
| Leadership Tool Repository (resilience website)| Immediate         | A1Z                      | • Create menu with current prevention, intervention and postvention SOPs/products/tools/resources for Total Force & family members (1-stop shopping)  
  www.resilience.af.mil                                     |
| ETA: Initial phase complete; on-going expansion |                   |                          |                                                                                                           |
| Equip/develop Leaders with Airmen optimization & prioritization skills | Mid-Range         | A1Z                      | • Integrate into existing touch points  
• AU curriculum review; Curriculum development (appropriate for different levels/roles)  
• Include Time-Based Prevention, Equipping Spouses, Airmen Under  
  Investigation curricula                                 |
| ETA: Initial phase implemented; on-going expansion |                   |                          |                                                                                                           |