DAF Suicide Prevention Strategic Model

Comprehensive Suicide Prevention Targeting Perceived Burdensomeness, Belongingness, Suicide Capability Connect **Detect Protect Equip** Leadership **Limited Privilege Training/Inclusion** Commander's Air Force Suicide Prevention Program Involvement* in PME* **Assessment Tools* Prevention Prgm*** Wingman Culture* **Investigative** Commander's **Interview Policy* Guidelines* Community Action DoDSER Post-Suicide Unit Prevention** Team & Board* Surveillance* Response* Services* **Complimentary Prevention Efforts Resilience Tactical Resilience Website* Suicide Analysis** Time-Based Pause* **Boards** Prevention* **Current Research Wingman Connect Pilot Equip & Empower Zero Suicide Pilot** and Development **Families** Future Efforts and Initiatives Big Data Initiative True North Scale Up

^{* =} Present at Wing Level



Department of the Air Force Suicide Prevention Approach

Our prevention approach was revised in late 2019 to align with the Centers for Disease Control in 4 key areas:

- 1. Connections between individuals, units & AF families
- 2. Detection of risk in individuals& units
- **3. Protections** in environments, services & policies
- **4. Equipping** Total Force & family members to mitigate risk, build resilience

5 priorities identified to reduce suicide in 2020:

- 1. <u>Totally-new 2020 Total Force Suicide Prevention Training:</u> Engage Airmen in meaningful discussion on signs of distress, how to intervene, what resources are available (Revised implementation due to COVID-19)
- 2. <u>Strengthen Suicide Prevention Program Implementation:</u> Update and reinvigorate our established systems and processes for mitigating suicide risk across the Total Force
- 3. <u>Time-Based Prevention:</u> Put time and space between Airmen in distress and access to lethal means through revised policy, education, and physical barriers—focus on "means"
- 4. <u>Empowering and Equipping Families</u>: Develop new content and awareness information to engage spouses and family members in prevention. Online training ECD Summer 2020
- **5.** <u>Suicide Postvention:</u> Provide tools and resources to units and families affected by suicide to help grieve, encourage positive coping, and prevent future suicides