**What is a Dragon Chat?**

Small core discussion groups that incorporate a way for all Airmen to connect with one another, support the Air Force mission, heritage, and our Core Values. The intent is to improve how well we get to know one another as individuals and team members.

- Get together with your military and civilian coworkers in small groups of 15 people or less, once a month, every month for an hour.

**Roles:**

*Unit Leadership:*
- Select the facilitators and choose the topic.
- Set the facilitator up for success. Make sure they’re prepared for the discussion.
- Rotate members. Encourage junior members to lead the discussion!
- Distribute the “Group Norms and Expectations” guide to group facilitator.

*Squadron MRT:*
- Access the SharePoint to familiarize yourself with the available material, videos, Chalk Talks, and group topics. https://keesler.eis.aetc.af.mil/81TRW/CVB/default.aspx
- Provide info to unit leadership for dissemination to the Dragon Chat Facilitators.
- Receive feedback from the Facilitators.
- Review with squadron leadership and submit quarterly via TMT to CSC.

*Dragon Chat Facilitators:*
- Set up the logistics of the discussion. Plan it out and facilitate it.
- Get feedback at the end of the Dragon Chat to provide it to the squadron MRT.

**Group Norms and Expectations:**

**Dragon Chat Facilitator Guide**

1. Everyone gets a handout of the exercise topic or project on a screen, if available
2. Everyone participates
3. Group facilitator is just that, you don’t own the topic—it belongs to the group; you facilitate discussion
4. Ensure open dialogue; opinions of all members of the group are welcomed & encouraged
5. Avoid making judgments or having someone provide the final answer—discounting others’ opinions
6. No one person should dominate the conversation, including the group facilitator
7. Shared ideas and opinions are valued inside and outside of group time
8. Get group consensus before providing inputs up the chain
9. Be familiar with the topic! Never go into the group “cold turkey”
10. Videos—please preview before showing; every effort should be made to allow viewing during the session
11. Note: Some viewers could have strong personal reactions to some of the videos and exercises, either positive or negative based on their experiences. Again, preview each video/exercise and alert participants.
12. Consult with Unit Master Resilience Trainer (MRT) or senior ranking member in your section prior to leading discussion; seek outside resources if desired
13. Other resources besides Community Support Coordinator and MRT are listed below:
   - PACE Lessons/Silverscreen Lessons, etc
   - Videos
   - TED Talks
   - Book Reviews

Library link: [https://keesler.eis.aetc.af.mil/81TRW/CVB/Dragon%20Chat/Forms/AllItems.aspx](https://keesler.eis.aetc.af.mil/81TRW/CVB/Dragon%20Chat/Forms/AllItems.aspx)
Keesler Dragon Chats

WHAT IS IT? Small discussion groups

- Replaces 1 Wingman Day per year
- Intent to improve on getting to know one another
  - Connect to one another, support the mission, heritage & Core Values
  - Same section/flight, under 15 ppl, once a mth, every mth for 1 hr

- Roles:
  - **Leadership**: Select facilitators, choose topic, set facilitator up for success
  - **Squadron MRTs**: Access Sharepoint site, provide info to leadership, receive feedback, submit quarterly to CVB
  - **Dragon Chat Facilitators**: Set up logistics, plan it out/facilitate…get feedback to Sqd MRT

Begin Dragon Chats - 19 April, 1300-1600 hrs
Go to “Topic Library” folder
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“Train, Develop, and Inspire Premier Warfighters”
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“Train, Develop, and Inspire Premier Warfighters”
UNITE & IGNITE KEESLER
WE’RE UNSTOPPABLE WITH THE RIGHT CULTURE

Embrace Diversity
Inspire Creativity & Innovation
Show Respect for All
Act with Integrity & Confront Issues Head-on
Promote Resiliency Through Actions
Individual & Organizational Growth

OWN-A-SPOT
Units or councils own a spot on Kezel and own the upkeep. This is our base, let’s own its beauty.

ART INSPO
The goal of the Art Inspo is to inspire creativity by showcasing the creations of Keazel artists. All mediums will be displayed. The inspo is also intended to reinforce taking deliberate personal risks. It is not easy for artists to put their work on display. The event will also offer a venue to create connections within the Keazel community.

AIR FORCE BIRTHDAY
The Sky was Never the Limit
Reinforce our heritage while using a theme that celebrates those who have gone above and beyond. This year’s theme highlights the strength that can come by getting outside your comfort zone and understanding there are no boundaries when we work together.

DEAR KEESLER LETTERS
Letters will be sent from the commander on key topics such as emotional intelligence, work-life balance, ownership, etc.

QUERY THE COLONEL
Airmen’s questions will be answered concerning base issues. The goal is to reinforce to Keelselites that their voice matters...Every Airman has a voice...use it!

FOCUSBING OUR VOLUNTEER ACTIVITIES
Giving back to the community and working together as a team to accomplish goals are important. We have limited resources, so it’s critical that we align our volunteer opportunities.

DRAGON MARCH
A 4-mile walk/run around the flightline will reinforce the physical pillar of resiliency.

KEESLER COMMUNITY ACTION TEAM UNITY OF EFFORT
Performing data analytics across helping agencies to target solutions based on Keazel’s main stressors.

SHARE YOUR IDEAS · 81trw.paman@us.af.mil